**John Britton**

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**Education**

May 2027 **Doctor of Clinical Psychology (Psy.D.)**

(Expected) Indiana State University (ISU), Terre Haute, IN

Current GPA: 4.0

May 2024 **Master of Science in Psychology (M.S.)**

ISU, Terre Haute, IN

Dec 2016 **Master of Music in Music Therapy** **(M.M.)**

University of Miami, Miami, FL

May 2010 **Bachelor of Music in Jazz Studies (B.M.)**

University of Rochester - Eastman School of Music, Rochester, NY

**Supervised Clinical Experience**

June 2025- **Murphy, Urban, & Associates**

Present Title: Graduate Student Clinician

Location: Terre Haute, IN

Supervisor: Thomas Rea, Psy.D., HSPP

* Provided individual psychotherapy services to child, adolescent, and adult clients in a private practice setting
* Completed comprehensive integrative psychological evaluations using cognitive ability, academic achievement, and objective personality measures
* Communicated results of evaluations and treatment recommendations to clients, parents, caregivers, referring physicians, and school personnel
* Engaged in weekly individual supervision to reflect on clinical work, receive feedback, and integrate evidence-based practices

June 2024- **Clay City Center for Family Medicine**

May 2025 Title: Doctoral Psychology Student Clinician

Location: Clay City, IN

Supervisor: Michael Urban, Psy.D., HSPP

* Provided individual psychotherapy services to child, adolescent, and adult clients in an integrated primary care setting
* Completed comprehensive integrative psychological evaluations
* Coordinated care with physicians, nurse practitioners, and nurses
* Attended weekly staff meetings which addressed administrative needs, trainings, and hospital initiatives

Aug 2023- **ISU Psychology Clinic**

Aug 2025 Title: Graduate Student Clinician

Location: Terre Haute, IN

Supervisors: Elizabeth Smith, Psy.D., HSPP, Liz O’Laughlin, Ph.D., HSPP,

Kathy O’Campo, Ph.D., HSPP

* Provided individual psychotherapy and psychological assessment services to child, adolescent, and adult clients in a university-based outpatient clinic
* Prepared integrative psychological reports, created treatment plans, and maintained progress notes utilizing an electronic medical record system
* Engaged in weekly supervision, including individual (1 hr), group (1 hr), and peer supervision (1 hr in second year)

Aug 2023- **ISU ADHD Evaluation Clinic**

May 2024 Title: Graduate Evaluator

Location: Terre Haute, IN

Supervisor: Liz O’Laughlin, Ph.D., HSPP

* Conducted ADHD diagnostic clinical interviews with parents/caregivers of children aged 5-11
* Administered psychodiagnostic testing including domains of cognitive ability, academic achievement, behavior, attention, and parenting
* Wrote integrated diagnostic reports utilizing information from child, parent, and teacher reports
* Provided feedback on testing results to parents/caregivers and recommendations for treatment
* Attended one-hour staffing and one-hour individual supervision weekly

**Evidence-Based Protocols Utilized Across Training Sites**

Provided structured interventions and flexible integration of supportive, client-centered approaches based on individual needs.

Cognitive and Behavioral Therapies

* Cognitive Behavioral Therapy (CBT)
* Behavioral Activation
* Exposure Therapy
* Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
* CBT for Insomnia (CBT-I)
* CBT for Chronic Pain
* CBT for Weight Management
* CBT for Couples Therapy
* SAMHSA Anger Management Treatment

Parenting and Child-Focused Interventions

* Behavioral Parent Training
* C.A.T. Project (CBT for adolescents with anxiety)
* Coping Power (CBT for children with anger problems)

Trauma-Focused Interventions

* Cognitive Processing Therapy (CPT)
* Narrative Exposure Therapy (NET)
* Seeking Safety

Third-Wave Behavioral Therapies

* Acceptance and Commitment Therapy (ACT)
* Dialectical Behavior Therapy (DBT)
* Mindfulness-Based Interventions

**Supervisory Experience**

Aug 2025- **ISU Department of Psychology**

Present Title: Peer Supervisor

Location: Terre Haute, IN

Supervisor: Kathy O’Campo, Ph.D., HSPP

* Provided weekly peer supervision to second-year doctoral students in their first year of clinical practicum
* Reviewed session recordings, progress notes, and clinical writing to support development in intervention, documentation, and ethical decision-making
* Facilitated reflective case discussions and offered formative feedback on clinical skills and professional identity
* Participated in biweekly group supervision with other peer supervisors to strengthen supervisory practices and align with program expectations

Aug 2018- **TriStar Centennial Parthenon Pavilion** Title: Peer Supervisor

Dec 2019 Title: Music Therapy Practicum Supervisor

Location: Nashville, TN

* Supervised undergraduate music therapy students leading one group session per week in an outpatient psychiatric setting
* Provided weekly individual supervision focused on session planning, therapeutic use of music, and clinical documentation
* Completed formal evaluations and collaborated with university faculty to assess student competencies and progress

**Additional Clinical Experience**

March 2017- **TriStar Centennial Parthenon Pavilion, Outpatient Services**

May 2021 Title: Group Therapist

Location: Nashville, TN

* Provided group music therapy for adults and adolescents in Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP)
* Conducted admission assessments including psychosocial history, and level-of-care determinations
* Completed insurance authorizations and continued stay reviews by synthesizing clinical documentation and communicating medical necessity to payors
* Documented group sessions, treatment plans, and assessments in the electronic medical record (MEDITECH)
* Collaborated in weekly interdisciplinary meetings with psychiatry, counseling, and expressive therapy staff to support integrated treatment planning

Adolescent Intensive Outpatient Program (IOP)

* Co-developed adolescent IOP policies, procedures, safety protocols, and treatment structure in collaboration with supervisors and hospital administration
* Authored adolescent staff intervention manual synthesizing creative arts therapy principles with CBT-, ACT-, and DBT-informed content
* Oversaw program expansion, including a 233% increase in referrals (2018), 25% increase in average length of stay (2019), and 61% growth in 2020

July 2016- **TriStar Centennial Parthenon Pavilion**

Jan 2017 Title: Music Therapy Intern

Location: Nashville, TN

* Completed 1,040-hour internship providing music therapy to adults and older adults on acute inpatient psychiatric units
* Facilitated group music therapy addressing coping, emotional expression, boundaries, and social engagement for individuals with severe mental illness and dementia
* Collaborated with interdisciplinary teams in recovery planning meetings and documented services in EMR

**Research Experience**

Feb 2025- **ISU**

Present Doctoral Dissertation

Title: Factors Contributing to Music Performance Anxiety Among College Musicians

Location: Terre Haute, IN

Chair: Thomas Johnson, Ph.D., HSPP

Status: Proposal Defended Aug 2025; IRB Approval Feb 2025

* Designed a quantitative study testing associations between childhood temperament, anxiety symptoms, and music performance anxiety in college musicians
* Secured IRB approval and began participant recruitment and data collection in Spring 2025
* Conducting statistical analyses in SPSS and R, including descriptive statistics, multiple regression, ANOVA, and mediation models
* Selected validated self-report measures, integrated literature to support theoretical model, and drafted APA-style manuscript sections

Aug 2022- **ISU Psychomusicology Lab**

May 2025 Title: Graduate Research Assistant

Location: Terre Haute, IN

Supervisor: Thomas Johnson, Ph.D., HSPP

* Conducted qualitative and quantitative data analysis on studies examining sad music listening, rumination, and social comparison
* Contributed to the development and refinement of coding systems for thematic analysis
* Synthesized relevant literature to inform theoretical framing and integration of qualitative findings

Aug 2015- **Sylvester Comprehensive Cancer Center, University of Miami**

April 2016 Title: Master’s Clinical Project

Location: Miami, FL

Project Title: A Mindfulness-Based Music Intervention to Decrease Anxiety and Depression in Cancer Patients

* Designed and implemented a novel music-based mindfulness protocol for adults undergoing chemotherapy in inpatient and outpatient oncology units
* Provided 120 client-contact hours delivering the intervention to individuals experiencing cancer-related distress
* Completed a comprehensive project report including literature review, intervention rationale, and clinical protocol manual
* Successfully defended project proposal and final report before graduate faculty committee

Aug 2014- **University of Miami**

May 2016 Title: Graduate Assistant Location: Miami, FL

Supervisors: Shannon de l’Etoile, Ph.D. and Teresa Lesiuk, Ph.D.

* Assisted in participant recruitment and scoring of the Myers-Briggs Type Indicator
* Conducted behavioral coding and analysis of infant and toddler movement responses to music from video-recorded sessions
* Performed data entry and supported organization of audiovisual materials for lab-based developmental music research

**Teaching Experience**

May 2025- **ISU Department of Psychology**

July 2025 Title: Summer Faculty

Location: Terre Haute, IN

Course: PSY 321: Diversity and Ethics in Psychology

* Designed and taught an online undergraduate course integrating diversity, professional ethics, and cultural competence in psychology
* Developed all instructional materials, including lectures, assignments, assessments, and grading rubrics
* Facilitated student engagement through interactive discussion boards, applied assignments, and weekly video modules

June 2024- Title: Summer Faculty

Aug 2024 Course: PSY 101: General Psychology

* Independently taught one online section of introductory psychology to undergraduate students
* Delivered weekly lectures, created assignments and assessments, and maintained student engagement in a virtual format

Aug 2023- Title: Graduate Teaching Assistant

May 2024 Course: PSY 101: General Psychology

Supervisor: Brad Brubaker, Ph.D.

* Assisted with two in-person sections each semester (~35 students per section) of undergraduate introductory psychology
* Supported student learning through grading, classroom management, and individual assistance

**Honors, Awards, & Scholarships**

2025 ISU Graduate Student Research Grant

2024 Bakerman Student Research Award

2016 Award of Academic Merit, University of Miami

2014-2016 Frost School of Music Graduate Teaching Assistantship (Annual)

2014-2016 Frost School of Music Tuition Scholarship (Annual)

2013-2014 GA Partial Tuition Waiver, University of Miami

2009 Dean’s List, Eastman School of Music

2004-2010 Howard Hanson Four-Year Merit Scholarship, Eastman School of Music

**Presentations**

Britton, J. (2025, September). *Ethical and Effective Use of AI in Clinical Care: Applications and Limits* [Academic presentation]. Clients & Science Seminar Series, Indiana State University, Terre Haute, IN.

Britton, J. (2025, September). *Generative AI quick start for clinicians* [Professional presentation]. Murphy, Urban, & Associates, Terre Haute, IN

Britton, J. (2025, August). *AI Hackathon: Exploring Clinical Use Cases Across the Psy.D. Program* [Academic presentation]. Indiana State University Department of Psychology, Terre Haute, IN

Britton, J. (2025, August). *AI in Graduate Training: Risks, Tools, and Opportunities* [Panel presentation]. Graduate Assistant Orientation, Indiana State University, Terre Haute, IN.

Britton, J. (2025, January). *Finding strength and balance: Addressing burnout in Healthcare* [Professional presentation]. Clay City Center for Family Medicine, Clay City, IN

Britton, J. (2023, April). *Upward and downward social comparison when listening to sad music* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.

Gelfand, A., Johnson, T., Todd, B., Bedore, P., & **Britton, J.** (2023, April). *Potential links between sad music listening, rumination, and depression* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.

Britton, J. (2018, April). *Working with the suicidal client* [Conference presentation]. Star Center Music Therapy Conference, Jackson, TN.

Killingsworth, A., **Britton, J.** (2017, May). *“Big T” and “little t” trauma* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.

Britton, J.(2016, May). *Music and mindfulness* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.

Britton, J. (2016, March). *An introduction to mindfulness using music listening and instrument playing* [Conference presentation]. SER American Music Therapy Conference, Macon, GA.

Britton, J. (2015, March). *The effect of instrumental improvisation on selective attention in typical adults* [Poster presentation], SER American Music Therapy Conference, Columbia, SC

Britton, J. (2015, October)., *Music and mindfulness* [Professional presentation], University of Miami medical campus staff and multiple sclerosis support group, Miami, FL

**Administrative and Educational Roles**

June 2021- **Board of Child Care, Caminos Program**

May 2022 Title: Quality Improvement Associate  Location: Baltimore, MD

* Supported reunification of unaccompanied migrant youth with sponsors in accordance with federal guidelines
* Monitored compliance with sexual abuse prevention protocols and responded to safety concerns by reviewing incident reports and video documentation
* Collaborated with interpreters to support Spanish- and Arabic-speaking youth during sensitive reporting and documentation processes
* Developed internal policies, COVID-19 procedures, and licensing reports in alignment with federal, state, and agency standards

June 2014- **London Achievement Processes**

Aug 2015 Title: Summer Tutor

Location**:** Miami, FL

* Provided one-on-one tutoring in reading and comprehension for children ages 5–12 with learning disabilities, behavioral challenges, and autism spectrum disorder
* Trained in Lindamood-Bell’s Seeing Stars® program for symbol imagery and phonological awareness

**Technology and Digital Tools**

**Artificial Intelligence (AI) Tools and Applications**

Oct 2025 Interactive CV

* Launched a web-based, chat-enabled version of this CV to demonstrate transparent AI integration in professional identity and clinical training
* Available at Interactive CV

Sep 2025 Treatment Plan Scribe

* Custom GPT co-designed with ISU faculty to support students in generating ethical, goal-oriented treatment plans for clinical use
* Provided example templates and structured prompting to guide problem formulation and treatment planning
* Available at [Treatment Plan GPT](https://chatgpt.com/g/g-6761f736fd008191b18dee6dcb58bdc2-treatment-plan-scribe)

May 2025 PSY 321 Course Chat

* Custom GPT created to improve accessibility and self-guided navigation of course materials in an online undergraduate Diversity and Ethics course taught independently
* Enabled students to interact with syllabus content, assignment policies, and expectations on demand
* Available at [PSY 321 GPT](https://chatgpt.com/g/g-681b9e9c5ec08191a4a670a1fc80d9c7-psy-321-course-chat)

Jan 2025 Unconscious Bias Identifier

* Custom GPT adapted from Buster Benson’s “Cognitive Bias Cheat Sheet” to promote awareness of unconscious cognitive distortions
* Designed for use in teaching and supervision to support reflection on personal and systemic bias
* Available at [Bias Identifier GPT](https://chatgpt.com/g/g-678bccc6a69081919ea7fdfba8d8da16-unconscious-bias-identifier)

Aug 2024 APA Ethics Dilemma Decision Making and Discussion

* Custom GPT designed to help users select an ethical framework and work through clinical dilemmas
* Supported reflective decision-making and discussion aligned with the APA Ethics Code
* Available at [APA Ethics GPT](https://chatgpt.com/g/g-l3HZnoKZC-apa-ethics-dilemma-decision-making-and-discussion)

Jul 2024 Client Psych Handout Generator

* Custom GPT designed to guide creation of personalized, interactive, evidence-based handouts for clients using structured prompts and collaborative Canvas documents
* Integrated CBT, ACT, DBT, and trauma-informed content frameworks tailored by audience, tone, and purpose
* Available at [Client Handout GPT](https://chatgpt.com/g/g-6761f10b5d6c8191a24c650b27a83c5e-client-psychhandout)

**Professional Memberships**

2024-Present American Psychological Association, Student Member

2022-Present Psychology Graduate Student Organization

2017-Present Board-Certified Music Therapist, Certification Board for Music Therapists

2022-2024 Licensed Music Therapist in Maryland (LPMT)

2015-2022 Member, American Music Therapy Association

**Selected Trainings and Continuing Education**

Apr 2025 Spiritual Competency Training in Mental Health (online course, modules 1-3)

Presenters: Kenneth I. Pargament, Ph.D. and Michael J. Pearce, Ph.D.

Sep 2024 Neurodiversity-Affirming Care

Presenter: Jeremy Shuman, Psy.D.

Jan 2024 A course for Trauma-Focused Cognitive Behavioral Therapy (online course)

Presenter: Daniel W. Smith

May 2023 Interpersonal Psychotherapy for Depressed Adolescents

Presenter: Christie Schueler, Ph.D.

Oct 2023 Cognitive Processing Therapy

Presenter: Charlene Johnson, Psy.D., HSPP

Oct 2023 Using ADDRESSING Model for Case Conceptualization

Presenters: Kathy O’Campo, Ph.D. and Paige Bedore, M.S.

Jan 2023 Fundamentals of the Assessment, Conceptualization, and Treatment of OCD

Presenter: Jeremy Shuman, Psy.D.

Oct 2022 Assessment & Interventions for Grief, Loss, & Mourning

Presenter: Joy Samuels, DMin, LPC-MHSP, NCC

Oct 2022 Use of Performance Validity Tests in Assessment

Presenter: Kevin Bolinskey, Ph.D., HSPP

Dec 2017 Acceptance & Commitment Therapy - ACT for adolescents (online course)

Presenter: Russ Harris, M.B.B.S.

**Community Service**

Aug 2022- **Community and Church Service**

Present Title: Volunteer Musician and Service Volunteer

Location: Terre Haute, IN

* Provided weekly music performance and coordination for community meetings and local gatherings
* Played organ and arranged musical contributions for youth-focused events and group services
* Engaged in community outreach events focused on inclusion and service, such as Hamilton Center’s Diversity Walk and Manna from Seven food distribution

Aug 2017- **TriStar Centennial, Alzheimer’s Association**

Sep 2019 Title: Team Captain, Walk to End Alzheimer’s

Location: Nashville, TN

* Led fundraising efforts, contributing over $75,000 for the TriStar Centennial Parthenon Pavilion team

Aug 2006- **Church of Jesus Christ of Latter-Day Saints**

Aug 2008 Title: Missionary Location: Detroit, MI

* Completed two years of full-time volunteer service focused on community outreach and cross-cultural communication
* Facilitated group discussions and individual meetings with families to provide emotional and spiritual support
* Engaged in direct outreach through structured community engagement and door-to-door communication

**References**

**Elizabeth (Liz) Smith, Psy.D., HSPP**

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